

# About violence and abuse

## **Physical violence**

For example pushing, slapping, kicking, biting, pulling hair, restraining, choking and punching. Violence can also involve objects, knives or weapons.

## **Psychological violence**

For example humiliating, degrading, coercing, belittling, threatening, isolating and harassing.

## **Sexual violence**

For example degrading or derogatory comments, unwanted advances, forced sexual acts, rape, sexual humiliation and harassment.

## **Financial abuse**

For example limited access to shared or personal money, financial threats, extortion and being forced to commit financial crimes.

## **Neglect**

For example being denied healthcare, dental care, medication or assistive devices, as well as help with personal hygiene and basic care.

## **Digital violence**

For example threatening messages, monitoring someone's activities and contacts on social media, sharing private images or tracking someone's location.

## **Latent violence**

This means that the threat of violence is constantly present. The person affected lives in fear, adapts their behaviour and remains constantly prepared for violence to occur.

## **Honour-related violence and oppression**

This means being subjected to control, threats, coercion or violence to protect or restore the honour of the family or extended family. It is carried out by a group, for example within one's own family, where several people take part in or facilitate control over the individual.



Everyone has the  
right to live a life  
free from  
violence