

Information to parents about the “BarnSäkert ” project

It's not always easy being a parent. One of our most important tasks at the Child Healthcare Centre (BVC) is to help families make sure that children grow up in a safe environment.

BarnSäkert is a project in the field of child healthcare that aims to highlight risk factors in the environment where children are growing up and to offer guidance to find the right support and help.

How does it work?

You will have the opportunity to answer a short questionnaire when you visit the BVC when your child is aged 6-8 weeks, 3-5 months, 10 months, 18 months, 2.5 years and 4 years. The questions are about things that can affect many families, such as stress, finances, alcohol and violence.

During the visit you will talk to the nurse, who can help you get in touch with resources that meet your needs.

The child healthcare service can also work together with the municipality's family case managers to offer families help and support.

The nurse at your BVC can provide more information.

